

Mental Health First Aid USA



MENTAL
HEALTH
FIRST AID®

abigail bernard

Has completed the 8-hour course and is now certified in

Adult

Mental Health First Aid USA

And has been trained to provide initial help to people experiencing problems such as depression, anxiety disorders, psychosis, and substance use disorders.

This certificate became effective on: 1/30/2020

Date

This certificate expires on: 1/30/2023

Date

Karen DiPofi

Instructor

Tammy Battle

Instructor

**NATIONAL COUNCIL
FOR BEHAVIORAL HEALTH**
STATE ASSOCIATIONS OF ADDICTION SERVICES
Stronger Together.

National Council for Behavioral Health operates Mental Health First Aid in the USA. The National Council for Behavioral Health, the Maryland Department of Health and Mental Hygiene, and the Missouri Department of Mental Health founded Mental Health First Aid USA.